

Behavioral Health Screening Tools

Validated Tools for Controlled Substance Stewardship

CCPM's Controlled Substance Stewardship (CSS) committee often makes the recommendation to use behavioral health screening measures for patients with chronic pain and/or chronic use of opioids, stimulants, or benzodiazepines. The table below outlines some validated screening measures which are endorsed by the CSS committee.

Measure	Indication	Sensitivity	Specificity	Available at
AUDIT¹	Alcohol misuse	81%	94%	<u>AUDIT¹</u>
C-SSRS²	Suicidality	95%	95%	<u>C-SSRS²</u>
GAD-7³	Anxiety	82%	89%	<u>GAD-7³</u>
MDQ^{4,5}	Mood disorder	58%	93%	<u>MDQ^{4,5}</u>
MoCA⁶	Cognition	94%	42%	<u>MoCA⁶</u>
PCL-5⁷	Post-traumatic stress disorder	75%	71%	<u>PCL-5⁷</u>
PHQ-9⁸	Depression	95%	67%	<u>PHQ-9⁸</u>
SLUMS⁹	Cognition	95%	76%	<u>SLUMS⁹</u>
CIDI Tool¹⁰	Bipolar disorder	51%	72%	<u>CIDI Tool¹⁰</u>
COMM¹¹	Opioid misuse	77%	66%	<u>COMM¹¹</u>
ACE	Childhood trauma	70%	94%	<u>ACE</u>
GDS¹³	Depression	86%	79%	<u>GDS¹³</u>



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